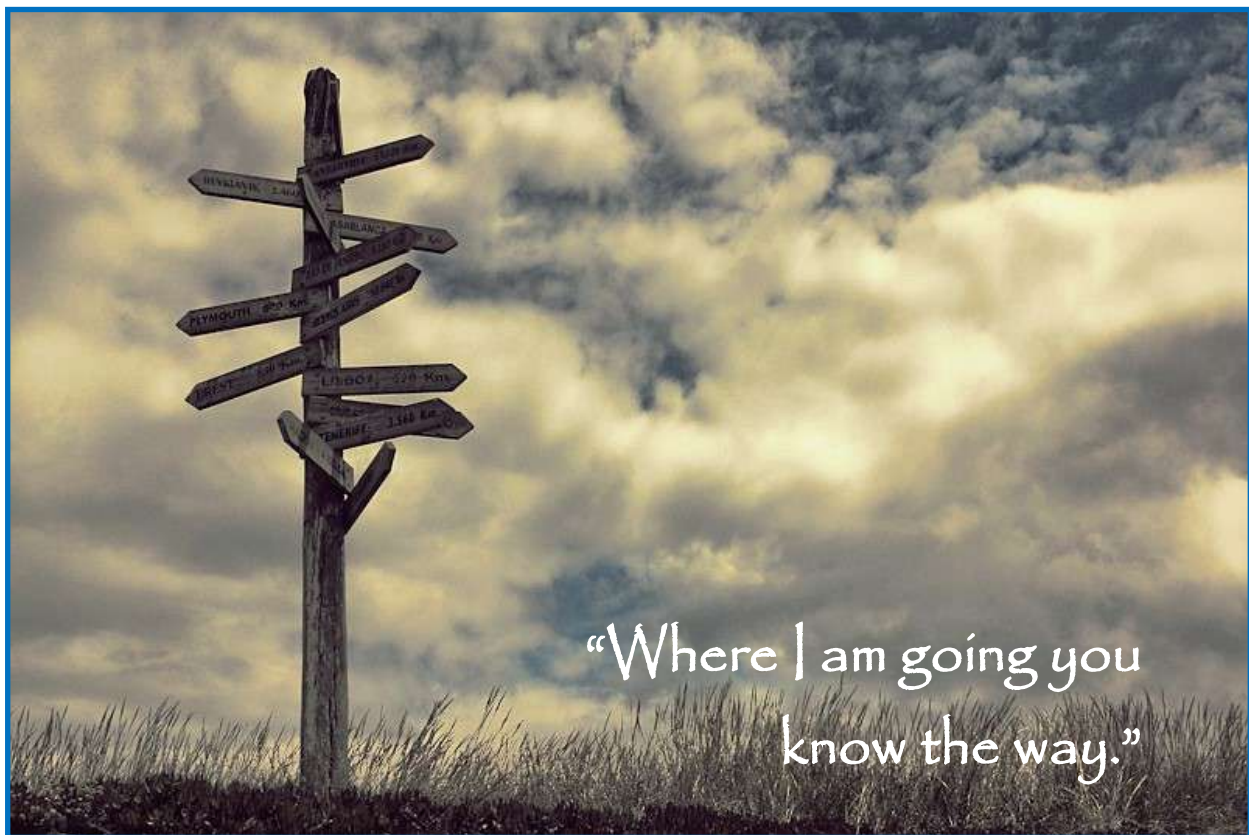




OLOA *News*

Our Lady of the Americas
Catholic Church

1271 E 9th. St.
Des Moines, Iowa



“Where I am going you
know the way.”



“Feliz Día
de las
Madres”



Para los católicos, la maternidad es una vocación, una llamada especial de Jesucristo. Dios confía a cada madre el deber de compartir en el misterio de su creación. En el designio de nuestro Padre, cada nueva vida es concebida y crece bajo el corazón amante de una madre.

Las madres especialmente, son nuestras primeras maestras en la oración, la caridad y las prácticas de nuestra fe cristiana. Por su ejemplo, nuestras madres nos enseñan la verdad del amor cristiano, amando sin esperar nada a cambio.

Como cristianos, somos bendecidos de tener dos madres. Tenemos nuestras madres naturales que nos trajeron a este mundo, y tenemos nuestra madre espiritual, la Santísima Virgen María. En Mayo, cuando celebramos el Día de la Madre, tradicionalmente es también el “Mes de María” en nuestra Iglesia. Feliz día de las Madres.

Mons. José Gomez

Our Lady of the Americas Church

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Submission date are Monday by 1 pm.
bulletin@oloadsm.com

MASS SCHEDULE / HORARIO DE MISAS

Monday-Friday/ Lunes -Viernes 5:30pm Español

Saturday-Sábado 4:00pm Eng / 6:30pm Español

Sunday-Domingo 8:00am Holy Hour/ Hora Santa

9:30am Bili / 12:30pm Español / 6:00pm Español

Confessions / Confesiones

5:00pm week days / durante la semana

Holy Hour / Hora Santa

Thursday-Jueves after Mass / después de misa

Sunday 8:00am / Domingo 8:00am

Weekly Events/Eventos de la Semana

Monday/Lunes 7:00pm to 9:30pm

Enrichment for Prayer Group / Crecimiento

Tuesday/Martes

RE Classes / Clases de Educacion Religiosa

Ministerio de Mujeres/Catholic Women Group

Wednesday/Miércoles

RE Classes/ Clases de Educación Religiosa

Friday/Viernes 7:00pm to 9:00pm

Bible Study/ Estudio de Biblia

Sábado/Saturdays 8:00pm

Grupo de Oración

Revise nuestra pagina web o nuestro Facebook para los horarios de Misas especiales.

WEEKEND OF MAY 7

Offertory.....\$ 4,861

ADA\$ 851

Jn 14, 1-12

En aquel tiempo, Jesús dijo a sus discípulos: "No pierdan la paz. Si creen en Dios, crean también en mí. En la casa de mi Padre hay muchas habitaciones. Si no fuera así, yo se lo habría dicho a ustedes, porque ahora voy a prepararles un lugar. Cuando me haya ido y les haya preparado un lugar, volveré y los llevaré conmigo, para que donde yo esté, estén también ustedes. Y ya saben el camino para llegar al lugar a donde voy".

Entonces Tomás le dijo: "Señor, no sabemos a dónde vas, ¿cómo podemos saber el camino?" Jesús le respondió: "Yo soy el camino, la verdad y la vida. Nadie va al Padre si no es por mí. Si ustedes me conocen a mí, conocen también a mi Padre. Ya desde ahora lo conocen y lo han visto".

Le dijo Felipe: "Señor, muéstranos al Padre y eso nos basta". Jesús le replicó: "Felipe, tanto tiempo hace que estoy con ustedes, ¿y todavía no me conoces? Quien me ve a mí, ve al Padre. ¿Entonces por qué dices: 'Muéstranos al Padre'? ¿O no crees que yo estoy en el Padre y que el Padre está en mí? Las palabras que yo les digo, no las digo por mi propia cuenta. Es el Padre, que permanece en mí, quien hace las obras. Créanme: yo estoy en el Padre y el Padre está en mí. Si no me dan fe a mí, créanlo por las obras. Yo les aseguro: el que crea en mí, hará las obras que hago yo y las hará aun mayores, porque yo me voy al Padre".

Jn 14:1-12

Jesus said to his disciples: "Do not let your hearts be troubled. You have faith in God; have faith also in me. In my Father's house there are many dwelling places. If there were not, would I have told you that I am going to prepare a place for you? And if I go and prepare a place for you, I will come back again and take you to myself, so that where I am you also may be. Where I am going you know the way."

Thomas said to him, "Master, we do not know where you are going; how can we know the way?" Jesus said to him, I am the way and the truth and the life. No one comes to the Father except through me. If you know me, then you will also know my Father. From now on you do know him and have seen him."

Philip said to him, "Master, show us the Father, and that will be enough for us." Jesus said to him, "Have I been with you for so long a time and you still do not know me, Philip? Whoever has seen me has seen the Father. How can you say, 'Show us the Father'? Do you not believe that I am in the Father and the Father is in me? The words that I speak to you I do not speak on my own. The Father who dwells in me is doing his works. Believe me that I am in the Father and the Father is in me, or else, believe because of the works themselves. Amen, amen, I say to you, whoever believes in me will do the works that I do, and will do greater ones than these, because I am going to the Father."

Apreciados feligreses, Nuestro Señor de manera contundente nos proclama: “Yo soy el camino, la verdad y la vida”. Él se nos presenta como aquel que da sentido pleno a la existencia, como el que es capaz de satisfacer nuestro deseo de felicidad, de gozo, de vida plena. Siguiéndole a Él todos los valores y las esperanzas e ilusiones humanas se hacen más plenas; todos los esfuerzos que hacemos los hombres al servicio de una vida mejor pueden llegar más a fondo, pueden alcanzar una amplitud insospechada. Jesús es la Verdad que debemos conocer. Dios se ha hecho palabra nuestra; ha venido tan cerca que podemos escuchar perfectamente los latidos de su corazón. Jesús es verdaderamente el rostro de Dios. Hoy en día, entre los diversos estilos de vida Jesús nos asegura que Él es la vida.

Por tanto como camino nos lleva al Padre; como verdad nos da una razón para luchar; como vida nos prepara una morada eterna.

Nuestra existencia, pobre y débil, se ha visto transformada por Su presencia de una manera milagrosa.



Fr. Fabián Moncada

Dear parishioners, Our Lord bluntly proclaims to us, "I am the way, the truth, and the life." He is presented to us as the full meaning of existence, as that which is capable of satisfying our desire for happiness, for joy, for full life. Following him all values and hopes and human illusions become fuller. All the efforts we men make in the service of a better life can reach even deeper; they can reach an unsuspected depth. Jesus is the Truth that we must know. God has become our word; He has come so close that we can hear perfectly the beating of his heart. Jesus is truly the face of God. Today, among the different lifestyles Jesus assures us that He is true life. Therefore, as a path, he leads to the Father; as the truth he gives us a reason to fight; as life he prepares us an eternal home. Our existence, poor and weak, has been transformed by His presence in a miraculous way.

Únete a nuestro

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OurLadyOfTheAmericas

Liturgy
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LA DISTRIBUCIÓN DE LA SAGRADA COMUNIÓN.

[90.] «Los fieles comulgan de rodillas o de pie, según lo establezca la Conferencia de Obispos», con la confirmación de la Sede Apostólica. «Cuando comulgan de pie, se recomienda hacer, antes de recibir el Sacramento, la debida reverencia, que deben establecer las mismas normas».[176]

[92.] Aunque todo fiel tiene siempre derecho a elegir si desea recibir la sagrada Comunión en la boca,[178] si el que va a comulgar quiere recibir en la mano el Sacramento, en los lugares donde la Conferencia de Obispos lo haya permitido, con la confirmación de la Sede Apostólica, se le debe administrar la sagrada hostia. Sin embargo, póngase especial cuidado en que el comulgante consuma inmediatamente la hostia, delante del ministro, y ninguno se aleje teniendo en la mano las especies eucarísticas. Si existe peligro de profanación, no se distribuya a los fieles la Comunión en la mano.[179]

THE DISTRIBUTION OF HOLY COMMUNION

[[90.] “The faithful should receive Communion kneeling or standing, as the Conference of Bishops will have determined”, with its acts having received the recognition of the Apostolic See. “However, if they receive Communion standing, it is recommended that they give due reverence before the reception of the Sacrament, as set forth in the same norms”.[176] 92.] Although each of the faithful always has the right to receive Holy Communion on the tongue, at his choice,[178] if any communicant should wish to receive the Sacrament in the hand, in areas where the Bishops’ Conference with the recognition of the Apostolic See has given permission, the sacred host is to be administered to him or her. However, special care should be taken to ensure that the host is consumed by the communicant in the presence of the minister, so that no one goes away carrying the Eucharistic species in his hand. If there is a risk of profanation, then Holy Communion should not be given in the hand to the faithful.[179]

General Instruction of the Roman Missal

Announcements / Anuncios



Summer at The Well

The second annual Summer at The Well women's gathering takes place on Saturday, June 24 at St. Thomas Aquinas Catholic Church in Indianola. It's a day full of faith, fellowship, and fun with inspirational talks, uplifting

praise and worship music, individual prayer in our Adoration chapel as well as communal worship at Saturday evening Vigil Mass. A box lunch, afternoon snack break, and buffet dinner are all included with registration. Early bird registration rate is \$60 through May 22; \$65 after. Scholarships are available for those in need. Attendees must pre-register prior to June 9. For more info and to buy tickets, visit www.thewelldesmoines.com.

Clase de Planificación Familiar

Domingo 21 de Mayo están invitados a la clase de Planificación Familiar en nuestra Parroquia OLOA de 1 pm a 4pm.

Para información y registro llamar a Paulina y Demetrio Alamilla 515-745-5244

Holy Family School Announcement

A special note of thanks and appreciation goes out to all of the mothers of our students on this Mother's Day. Your love, kindness, and support of your children is reflected in their everyday actions here at our school, and we appreciate you so much! Enjoy your special day with your family!

Mass Graduation
May 31—6:00 PM

Information Desk

Questions about ministries and communities at Our Lady Of The Americas Church? Visit the Parish or contact @ 515-266-6695

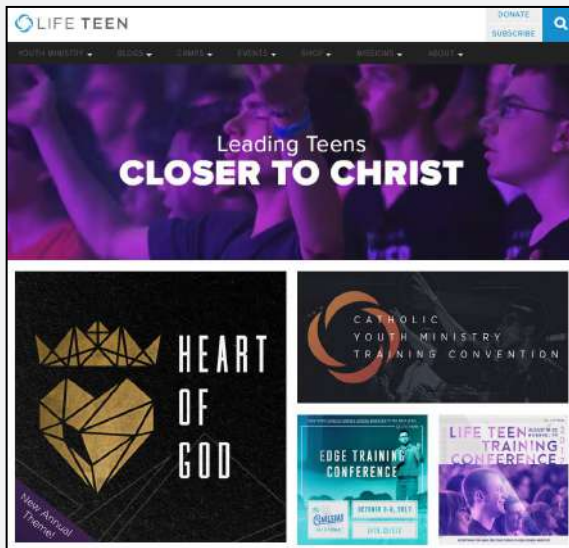
Información de OLOA

¿Tienes preguntas sobre los ministerios y comunidades en Our Lady Of The Americas? Visita nuestras oficinas o contáctanos llamando al 515-266-6695



Ayúdanos con tu opinión o sugerencia a nuestro boletín. We would like to hear your **FEEDBACK** on the bulletin.

bulletin@oloadsm.com



LIFETEEN.COM

As a Eucharist-centered movement within the Roman Catholic Church, Life Teen leads teenagers and their families into a deeper relationship with Jesus Christ and His Church. With the Blessed Virgin Mary as our intercessor and guide, Life Teen seeks to unleash the fullness of the Sacramental power present within the young Church.

Natural Family Planning Classes

The next three-part series of classes on the sympto-



thermal method of natural family planning is scheduled to begin Saturday, June 3, from 2-4:30 P.M. at St. Pius X Catholic Church in Urbandale. Cost is a one-time fee of \$130 for all course materials, classes, one year of consultation with certified instructors, a one-year digital subscription to Family Foundations magazine and one-year subscription

to CycleProGo app. Financial

Assistance is available as needed. On-line registration is required at register.ccli.org. More information, call Mark or Patty at 515-276-0313 or send an email to conirish@mchsi.com.

CCL also offers two supplementary classes designed to help couples with natural family planning during postpartum and pre-menopause. The sympto-thermal method of natural family planning uses a cross-checking system based on three signs of fertility and is 99 percent effective in postponing pregnancy when used properly. It is also highly effective in helping couples of low fertility achieve pregnancy.

For more information visit the Couple to Couple League website at www.ccli.org



OLOA

... Que está pasando

INSTITUTO DE LIDERAZGO PASTORAL



En emotiva ceremonia el Instituto de Liderazgo Pastoral de la University Of Saint Mary Of The Lake en Mundelein Illinois, entregó el certificado del programa en español de Liderazgo Laico. Nuestra parroquia es bendecida al tener dentro del grupo de graduados nuestros parroquianos Fátima Aguilar, Guadalupe Chagolla, Rigoberto Cordero, Josefina Maicel, Francisco Maguiña, Daphne Rios, Luís Vásquez , Alfonso Villanueva y Wilfrido Matamoros miembro de nuestro staff. El grupo tendrá su retiro y misa de envío el fin de semana del 18 de Junio.

Este programa es auspiciado por nuestra diócesis y sus parroquias junto con el ILP. El nuevo ciclo de 18 meses se inicia en Enero del 2018 y el período de reclutamiento desde Octubre de este año.

Si estás interesado en participar en este programa o quieres más información puedes desde ya comunicarte con la Oficina del Ministerio Hispano de la Diócesis con Mayra C. Moriel de Bañuelos al 515-266-5011 o mmoriel@dmdiocese.org.

Te invitamos a conocer más del Instituto de Liderazgo Pastoral visitando:

www.institutodeliderazgopastoral.org



Complaints About God

"I don't pray because God doesn't respond."

"I don't feel anything when I pray or when I go to church and I'm so tired of it."

"I feel like God just doesn't like me."

"God's all about 'rules' so why would I want to have anything to do with that?"

It breaks my heart a little bit to hear those complaints because that's not the God I know and love. That's not the God that I've gotten to know in the gospels and through my relationship with Him in prayer and through the sacraments. That's not the God that the saints talk about and write about.

The Attributes of the Real God

What I wish everyone knew and understood is that **God is love** (1 John 4:8). This is the first thing we have to remember about who He is.

He is merciful, patient, and a good listener, and He genuinely wants what is best for us.

But **God is also not a magician**. Sure God can multiply bread and change water to wine but He can't force the person who sits behind you in Math class to fall in love with you.

God is love and He is not a magician — these two facts about God are like my anchors that hold me down when the craziness of life tries to **pull me in directions like not trusting God**, or feeling like He isn't listening, or isn't looking out for me.

Getting to know God

When you get to know Him, you really know who He is, you will not complain about how He is not listening because you know God is a God who is always present to you and your struggles, He knows them even better than you do!

Getting to know who God is will take time like all good things do. You're going to have to put in work, and be patient when things get tough — like when you don't "feel" like praying, or you don't understand the words of Jesus...etc. So here are some practical ways to get started on your relationship with Him:

Set up a regular prayer time every day, even if you're just starting with 5 minutes a day.

Read the gospels Look for God throughout the day.

Pray the Serenity Prayer every day to remind yourself to be patient with God's way.

And be patient and persistent with your relationship with God.

by CHRISTINA MEAD . Lifeteen.com