



# OLOA *News*

OUR LADY OF THE AMERICAS CHURCH

*Fifth Sunday in,  
Ordinary Time  
February 4, 2018*



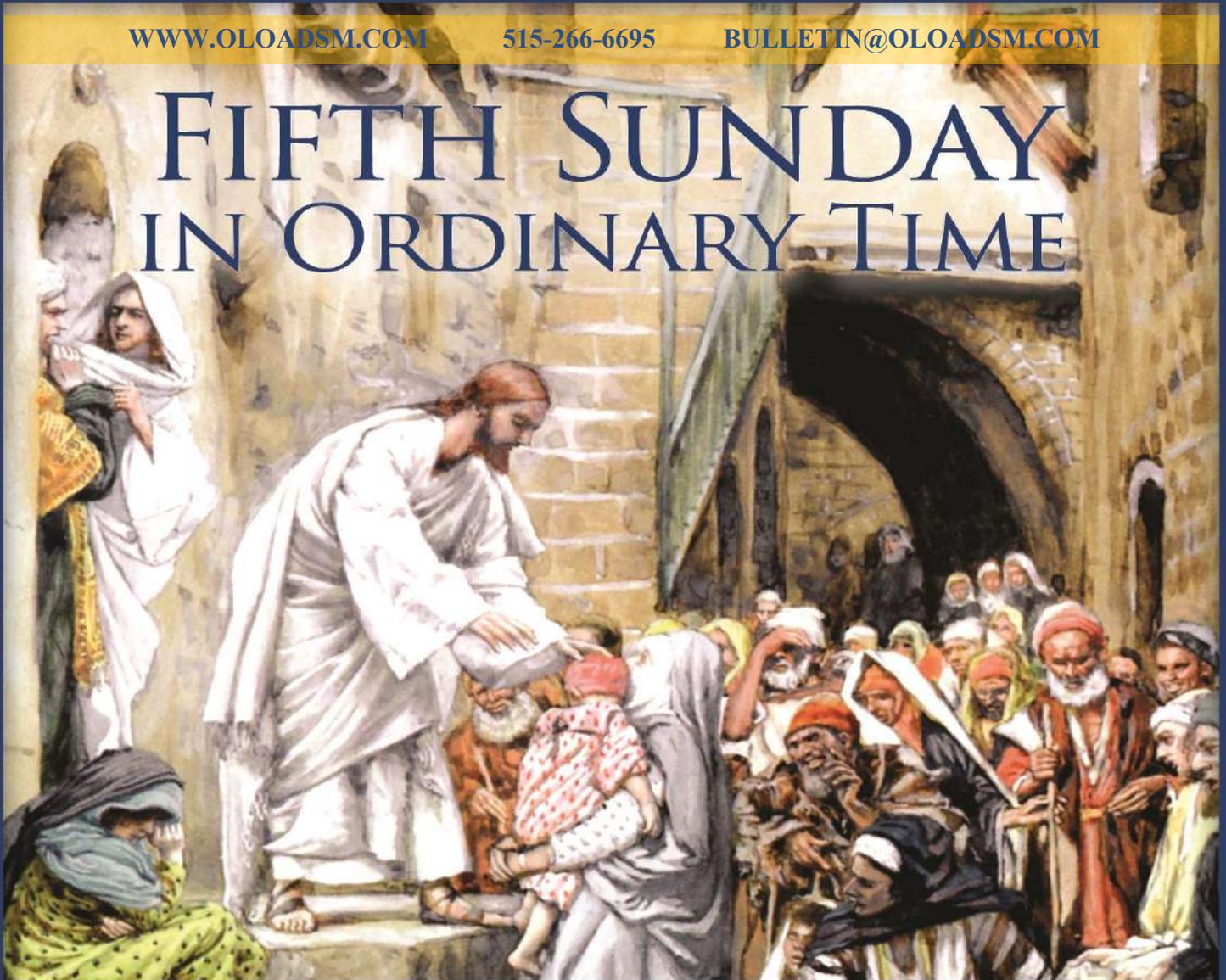
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515-266-6695

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## FIFTH SUNDAY IN ORDINARY TIME



When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

- Mk 1:32-34

## WELCOME BIENVENIDOS

### OUR LADY OF THE AMERICAS CHURCH

1271 E 9th St. Des Moines, Iowa 50316  
Phone (515) 266-6695 Fax(515) 266-9803  
Website: oloadsm.com

Office hours for January and February  
Monday, Thursday and Friday 9 am to 4 pm  
Tuesday and Wednesday 9 am to 5 pm

### COMO REGISTRARSE

Si gustaría convertirse en miembro de Our Lady of the Americas, por favor llame a nuestra oficinas para obtener toda la información. Bienvenido.

### Bulletin deadline / Anuncios Boletín

Monday/Lunes by noon  
bulletin@oloadsm.com

### PARISH CONTACTS

FR. FABIAN MONCADA, PASTOR  
frfabian2013@gmail.com .ext 201  
FR. CARLOS GARCIA, PAROCHIAL VICAR  
Carlosraulgs-17@hotmail.com ... ext: 205

Hna María Elenea Román  
male\_rom@hotmail.com

### Deacon / Diácono,

Rev. Mr. Gene Jager  
Rev. Mr. Troy Thompson (515) 447-5707  
troythompsonsm@gmail.com

### Executive Secretary / Secretaria Ejecutiva

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vcalderon@oloadsm.com

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### Accountant

David Ortega  
dortega@oloadsm.com

### HOLY FAMILY SCHOOL

Martin Flaherty, *Principal* (515) 262-8025

### WEEKLY EVENTS / EVENTOS

#### SEMANALES

**Monday/Lunes** 7:00pm to 9:30pm

Enrichment for Prayer Group / Crecimiento

#### Tuesday /Martes

RE Classes / Clases de Educacion Religiosa

Ministerio de Mujeres/Catholic Women  
Group

#### Wednesday/Miércoles

RE Classes/ Clases de Educación Religiosa

**Friday/Viernes** 7:00pm to 9:00pm

Bible Study/ Estudio de Biblia

**Sábado/Saturdays** 8:00pm

Grupo de Oración

Revise nuestra pagina web o nuestro  
Facebook para los horarios de  
Misas especiales.

Tu Ofrenda, una Forma dar Gracias  
Por las Bendiciones Recibidas  
**WEEKEND OF JANUARY 28**

Offertory .\$.5,482  
ADA.....\$ 916



## LECTURAS - READINGS

### Mc: 1, 29-39

En aquel tiempo, al salir Jesús de la sinagoga, fue con Santiago y Juan a casa de Simón y Andrés. La suegra de Simón estaba en cama, con fiebre, y enseguida le avisaron a Jesús. Él se le acercó, y tomándola de la mano, la levantó. En ese momento se le quitó la fiebre y se puso a servirles.

Al atardecer, cuando el sol se ponía, le llevaron a todos los enfermos y poseídos del demonio, y todo el pueblo se apiñó junto a la puerta. Curó a muchos enfermos de diversos males y expulsó a muchos demonios, pero no dejó que los demonios hablaran, porque sabían quién era él.

De madrugada, cuando todavía estaba muy oscuro, Jesús se levantó, salió y se fue a un lugar solitario, donde se puso a orar. Simón y sus compañeros lo fueron a buscar, y al encontrarlo, le dijeron: "Todos te andan buscando". Él les dijo: "Vamos a los pueblos cercanos para predicar también allá el Evangelio, pues para eso he venido". Y recorrió toda Galilea, predicando en las sinagogas y expulsando a los demonios.

### Mk 1: 29-39

On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them.

When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

### Las lecturas de la semana del 4 de Febrero de 2018

Lunes: 1 Re 8, 1-7. 9-13/Sal 132, 6-7. 8-10 [8]/Mc 6, 53-56

Martes: 1 Re 8, 22-23. 27-30/Sal 84, 3. 4. 5 y 10. 11 [2]/Mc 7, 1-13

Miércoles: 1 Re 10, 1-10/Sal 37, 5-6. 30-31. 39-40 [30]/Mc 7, 14-23

Jueves: 1 Re 11, 4-13/Sal 106, 3-4. 35-36. 37 y 40 [4]/Mc 7, 24-30

Viernes: 1 Re 11, 29-32; 12, 19/Sal 81, 10-11. 12-13. 14-15 [11 y 9]/Mc 7, 31-37

Sábado: 1 Re 12, 26-32; 13, 33-34/Sal 106, 6-7. 19-20. 21-22 [4]/Mc 8, 1-10  
Domingo siguiente: Lv 13, 1-2. 44-46/Sal 32, 1-2. 5. 11 [7]/1 Cor 10, 31--11, 1/Mc 1, 40-45

**D**ear Brothers and Sisters in Christ, In his 2017 Lenten Message, Pope Francis reminded us that Lent is the favorable season for renewing our encounter with Jesus Christ. From his very first encyclical to the present day, by his words and actions, the Holy Father has shown us that the hearts of those who truly encounter Jesus Christ are filled with the joy of the Gospel. Our lives, church, nation, and world need that joy.



The holy season of Lent begins this year on Wednesday, February 14. During the 40 days that follow, I encourage you to renew your encounter with Christ Jesus, the Lord, through the means of sanctification offered us by the Church—prayer, fasting, and almsgiving. The prophet Joel instructs us to return to God “with your whole heart” (2:12), and so we use these practices to draw closer to Christ, detach ourselves from the false idols of this world, and accompany more closely those in our midst who are poor, suffering, and vulnerable.

Reports have shown that people derive more satisfaction and pleasure from providing things for others in need rather than acquiring something unnecessary for themselves. In Gospel terms that can be translated as, “Whatever you do for the least of your brothers and sisters, you do it for me.” Our almsgiving becomes an encounter with Christ that brings joy. Fasting helps us to take our eyes off ourselves and see others in our midst while prayer liberates us to listen the voice of Christ calling us to respond to the least of our brothers and sisters. This is the journey of our 40 Days of Lent – taking up our Cross and dying to self so that we may better love God and others. It is a journey that culminates in the full joy of Easter.

As a means of giving alms, I encourage parishes, schools, and individuals to support the Catholic Relief Services Rice Bowl effort, formerly called Operation Rice Bowl. The Rice Bowl provides us with a very tangible way of living in solidarity with those who are poor and vulnerable around the world. Twenty-five percent of the donations raised through the Rice Bowl effort stay in the Diocese of Des Moines to assist local people in need. The other 75 percent is donated to Catholic Relief Services to support people who live in poverty in more than 100 countries around the world.

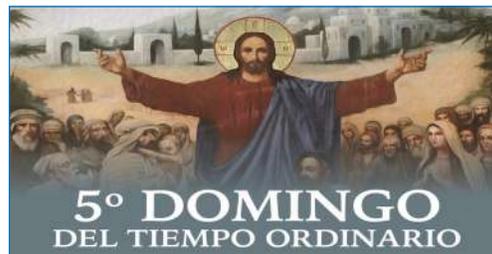
Once again this year, I ask schools and parish religious education programs to sponsor “Building the Kingdom,” a project which raises funds for a high school seminary in Nigeria led by the Congregation of the Holy Spirit. There are currently four priests serving in the Diocese of Des Moines who are members of this congregation. They are Fathers Anthony Adibe, Felix Onuora, Remi Okere, and Eze Venantius Umunnakwe. Generous support over the last several years has resulted in renovation of the seminary’s academic building, students’ living quarters, modernization of restroom facilities, and a recreation area, all of which were in dire need of repair and updating.

During this season of Lent, let us pray for one another as we deepen our love for Christ and His Church. May the Holy Spirit lead us on a true journey of conversion so that through the grace of God, we will be led to a renewed encounter with Christ and a deepened awareness of the joy of the Gospel.

Sincerely yours in Christ,

+ *Richard E Pates*

The Most Reverend Richard E. Pates  
Bishop of Des Moines



**WEEKLY MASS SCHEDULE**

**Monday-Friday/ Lunes -Viernes**

5:30pm Español

**WEEKEND MASS SCHEDULE**

**Saturday-Sábado**

4:00pm English, 6:30pm Español

**Sunday-Domingo**

9:30am Bilingual, 12:30pm Español,

6:00pm Español

**HOLY HOUR / HORA SANTA**

Sunday-Domingo 8:00am

**MASS INTENTIONS**

**INTENCIONES PARA LA MISA**

Please request them at the office, thank you.

Por favor solicitarlas en la oficina, gracias.

**SACRAMENT OF RECONCILIATION**

**SACRAMENTO DE LA CONFESION**

5:00pm week days / durante la semana.

Citas para confesiones, contactarse a la oficina.

**24 HRS PERPETUAL ADORATION**

**24 HRS ADORACION PERPETUA**

First Friday of each month from 5:30 PM

Primer Viernes de cada mes desde las 5:30 PM

**SACRAMENT OF BAPTISM**

**SACRAMENTO DEL BAUTIZO**

Clases de preparación 3er Domingo del mes a las 3:00 p.m. Bautizos 1er Sábado del mes.

**SACRAMENTO DEL MATRIMONIO**

Parroquianos y participantes deben contactarse con la oficina de la parroquia con un mínimo de seis meses de anticipación. Clases de preparación son requeridas.

**COMUNION PARA ENFERMOS**

Ministerio de Comunión para Enfermos ofrece el amor, la alegría y la paz que da el Cuerpo de Cristo. Para la comunión para enfermos favor comunicarse con: Freddy 515-943-0198 o Luís 515-330-9472.

**PROCLAMADORES DE LA PALABRA**

Quieres formar parte de los lectores. Si deseas información comunícate con Mónica Hernandez 515-554-4222 o Luís Vazques al 515-330-9472

**Information Desk**

Questions about ministries and communities at Our Lady Of The Americas Church? Visit the Parish or contact @ 515-266-6695

# OLOA

... *Que está pasando*

## LA CENA DE SAN ANDRES BILINGUE 2018

Jóvenes interesados en aprender más sobre la vocación del sacerdocio están invitados a una velada de oración, buena comida y diversión junto a nuestro Obispo Pates y sacerdotes de la región. La cena es en Nuestra Señora de las Américas 1271 E 9 th. St. Des Moines el **Martes 13 de febrero** de 5:30 p.m. a 8:00 p.m. **Para información: Jessica Maciel Hernandez** [jhernandez@dmdiocese.org](mailto:jhernandez@dmdiocese.org) 515-237-5051, 515-44-5365

## HOLY FAMILY SCHOOL

Registration for the 2018-19 school year opens to new Catholic families in the 5 participating parishes on Wednesday, Feb. 7. Please contact the school office for more information.

## NOVENA POR LOS NIÑOS NO NACIDOS

Entre el 10 y 18 de Febrero se realizará la novena por los Niños No Nacidos. Iniciando el 10, a las 10:00 am en las afueras de la Clínica Planned Parenthood (1000 E Army Post Rd.) y terminando el 18 en la misa de 6:00 pm. Entre semana el Rosario después de las misas, Sábados y Domingos antes de misa. Te esperamos.

## LENTEN GUIDELINES

Abstinence from meat is to be observed by all Catholics 14 years old and older on Ash Wednesday, Good Friday, and on all Fridays of Lent.

Fasting and abstinence from meat are both to be observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 59. Those who are bound by this may take only one full meal on those two days. Two smaller meals are permitted if necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. When observed on Good Friday, these practices begin the special Paschal Fast.

The above minimal practices should not be lightly excused during the penitential season of Lent and during the Sacred Paschal Triduum ("Three Days"). By the threefold discipline of fasting, almsgiving, and prayer, the Church keeps Lent from Ash Wednesday until the evening of Holy Thursday. All of the faithful and the catechumens should undertake serious practice of these three traditions. Commendable, particularly during the other weekdays of Lent, is generosity to local, national and world programs of sharing our abundance, participating in daily Mass and other Lenten prayer and devotions, and the voluntary observance of fasting.

Those faithful, religious, and clergy who are able are encouraged to continue through Holy Saturday the Paschal Fast begun on Good Friday. This anticipatory and festive fast lasts until the celebration of the Eucharist at the Easter Vigil. In the Vatican II Constitution on the Sacred Liturgy, Sacrosanctum Concilium, we read in section 110: "...[L]et the paschal fast be kept sacred. Let it be celebrated everywhere on Good Friday and, where possible, prolonged throughout Holy Saturday, so that the joys of the Sunday of the resurrection may be attained with uplifted and clear mind."

## My Pro-Life Stance

by Caitlin Sica [LIFETEEN.com](http://LIFETEEN.com)

If you had asked me seven years ago if I was pro-life, I would have automatically said, **"Personally, yes, but politically, I'm pro-choice."** I took the comfortable position, the position that didn't impose my beliefs on anyone else. I was able to take this stance because I knew nothing about abortion statistics, and because I had two major misconceptions about what it meant to be pro-life:

- ◆ *Pro-life was a political position, not something required by my faith.*
- ◆ *Pro-life meant you only cared for the rights of the unborn.*

I grew up in a devout Catholic family that fiercely valued the dignity of all human life, which is why a narrow pro-life stance didn't appeal to me. Numerous family members were patriots for the most vulnerable — poor, uneducated, orphans, the hungry, the sick, the dying, the lonely, the homeless, immigrants and refugees, the abused. **Abortion, though, was not something that came up in conversation, other than to reiterate that it was wrong.** So inadvertently, it became a "back burner" issue in my mind. Politics, culture, and media perpetuated the belief that to be "pro-life" meant that you only cared about the rights of the unborn, rather than protecting the rights of ALL human life. Unbeknownst to me, the Catholic Church had an all encompassing definition:

***"Human life is sacred because from its beginning it involves the creative action of God and it remains forever in a special relationship with the Creator, who is its sole end. God alone is the Lord of life from its beginning until its end: no one can under any circumstance claim for himself the right directly to destroy an innocent human being" (CCC 2258).***

Although the Church's interpretation of what it means to be pro-life is so inclusive and wholistic, **I had the misconception that a "pro-life advocate" was an ultra conservative person who only cared about abortion and stopped advocating for people after they were born.** I never wanted to be one of those people so when it came to abortion, I stuck with the "personally, I'm pro-life, but politically, I'm pro-choice" position. But deep down, I knew I needed to make a decision; I couldn't keep my foot in both worlds. And then, relationships challenged me to see the statistics behind the pro-life debate. As He so often does, **God put people in my life who helped me see the truth and showed me the real souls affected by abortion.** Because of those people, I no longer personally disagree and remain politically neutral on pro-life issues.