



# OLOA *News*

OUR LADY OF THE AMERICAS CHURCH

Twenty-ninth Sunday in  
Ordinary Time  
October 21, 2018

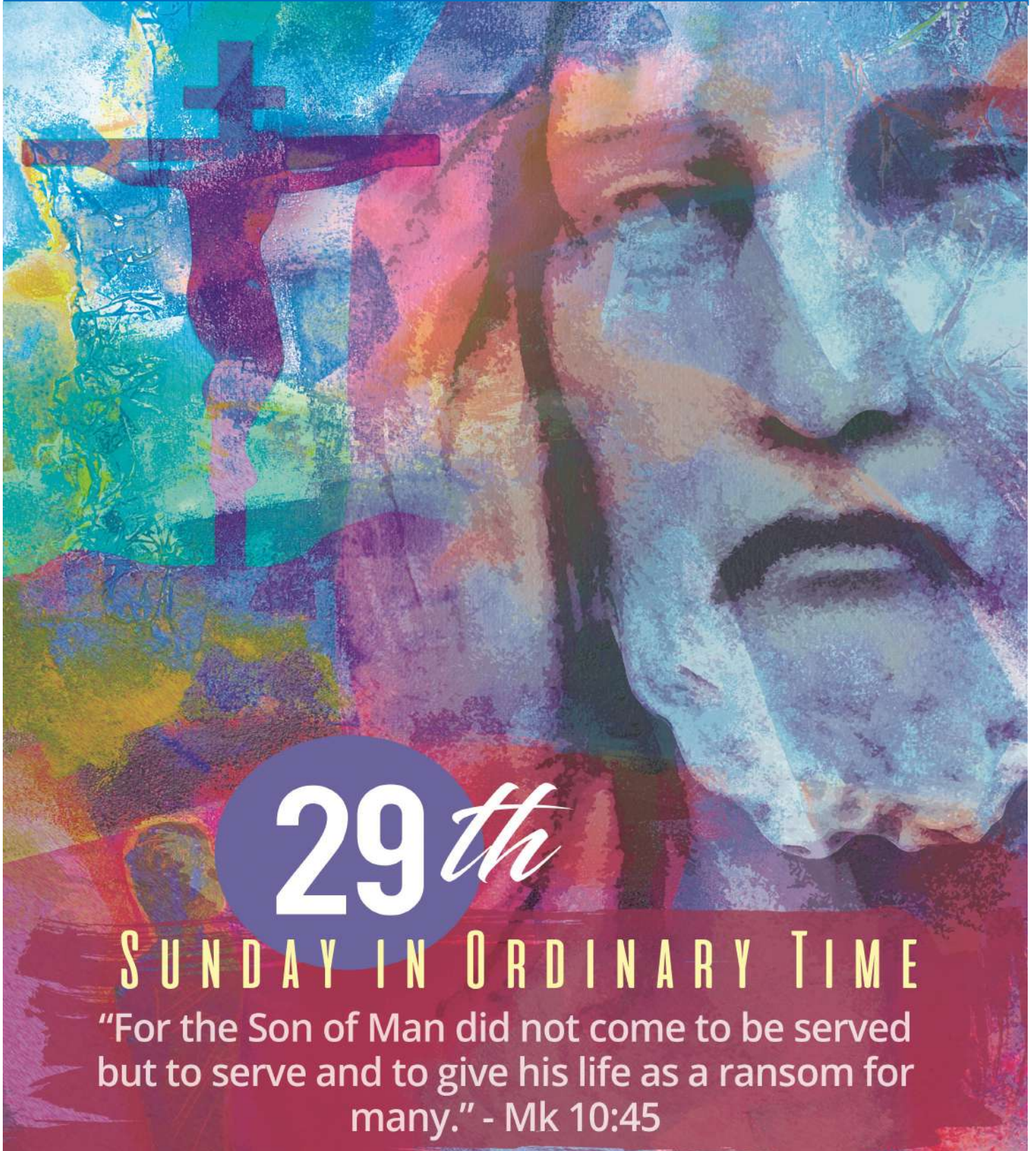


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515-266-6695

[BULLETIN@OLOADSM.COM](mailto:BULLETIN@OLOADSM.COM)



29<sup>th</sup>

SUNDAY IN ORDINARY TIME

"For the Son of Man did not come to be served  
but to serve and to give his life as a ransom for  
many." - Mk 10:45



## WELCOME BIENVENIDOS

### OUR LADY OF THE AMERICAS CHURCH

1271 E 9th St. Des Moines, Iowa 50316  
Phone (515) 266-6695 Fax(515) 266-9803

Website: oloadsm.com

Office hours for January and February  
Monday, Thursday and Friday 9 am to 4 pm  
Tuesday and Wednesday 9 am to 5 pm

### COMO REGISTRARSE

Si gustaria convertirse en miembro de Our Lady of the Americas, por favor llame a nuestra oficinas para obtener toda la informacion. Bienvenido.

### Bulletin deadline / Anuncios Boletin

Monday/Lunes by noon

bulletin@oloadsm.com

### PARISH CONTACTS

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### HOLY FAMILY SCHOOL

Martin Flaherty, Principal (515) 262-8025

### WEEKLY EVENTS / EVENTOS

#### SEMANALES

**Monday/Lunes** 7:00pm to 9:30pm

Enrichment for Prayer Group / Crecimiento

**Tuesday/Martes**

RE Classes / Clases de Educacion Religiosa

Ministerio de Mujeres/Catholic Women

Group

**Wednesday/Miércoles**

RE Classes/ Clases de Educacion Religiosa

**Friday/Viernes** 7:00pm to 9:00pm

Bible Study/ Estudio de Biblia

**Sábado/Saturdays** 8:00pm

Grupo de Oración

Revise nuestra pagina web o nuestro  
Facebook para los horarios de  
Misas especiales.

Tu Ofrenda, una Forma dar Gracias  
Por las Bendiciones Recibidas  
**WEEKEND OF October 14**

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## LECTURAS - READINGS

### Mc 10, 35-45

En aquel tiempo, se acercaron a Jesús Santiago y Juan, los hijos de Zebedeo, y le dijeron: "Maestro, queremos que nos concedas lo que vamos a pedirte". Él les dijo: "¿Qué es lo que desean?" Le respondieron: "Concede que nos sentemos uno a tu derecha y otro a tu izquierda, cuando estés en tu gloria". Jesús les replicó: "No saben lo que piden. ¿Podrán pasar la prueba que yo voy a pasar y recibir el bautismo con que seré bautizado?" Le respondieron: "Sí podemos". Y Jesús les dijo: "Ciertamente pasarán la prueba que yo voy a pasar y recibirán el bautismo con que yo seré bautizado; pero eso de sentarse a mi derecha o a mi izquierda no me toca a mí concederlo; eso es para quienes está reservado".

Cuando los otros diez apóstoles oyeron esto, se indignaron contra Santiago y Juan. Jesús reunió entonces a los Doce y les dijo: "Ya saben que los jefes de las naciones las gobiernan como si fueran sus dueños y los poderosos las oprimen. Pero no debe ser así entre ustedes. Al contrario: el que quiera ser grande entre ustedes que sea su servidor, y el que quiera ser el primero, que sea el esclavo de todos, así como el Hijo del hombre, que no ha venido a que lo sirvan, sino a servir y a dar su vida por la redención de todos".

### MK 7:1-8, 14-15, 21-23

James and John, the sons of Zebedee, came to Jesus and said to him, "Teacher, we want you to do for us whatever we ask of you." He replied, "What do you wish me to do for you?" They answered him, "Grant that in your glory we may sit one at your right and the other at your left." Jesus said to them, "You do not know what you are asking. Can you drink the cup that I drink or be baptized with the baptism with which I am baptized?" They said to him, "We can." Jesus said to them, "The cup that I drink, you will drink, and with the baptism with which I am baptized, you will be baptized; but to sit at my right or at my left is not mine to give but is for those for whom it has been prepared."

When the ten heard this, they became indignant at James and John. Jesus summoned them and said to them, "You know that those who are recognized as rulers over the Gentiles lord it over them, and their great ones make their authority over them felt. But it shall not be so among you. Rather, whoever wishes to be great among you will be your servant; whoever wishes to be first among you will be the slave of all. For the Son of Man did not come to be served but to serve and to give his life as a ransom for many."

### Las lecturas de la semana del 21 de Octubre de 2018

Lunes: Ef 2, 1-10/Sal 100, 1-2. 3. 4. 4-5 [3]/Lc 12, 13-21

Martes: Ef 2, 12-22/Sal 85, 9-10. 11-12. 13-14 [cfr. 9]/Lc 12, 35-38

Miércoles: Ef 3, 2-12/Is 12, 2-3. 4. 5-6 [cfr. 3]/Lc 12, 39-48

Jueves: Ef 3, 14-21/Sal 33, 1-2. 4-5. 11-12. 18-19 [5]/Lc 12, 49-53

Viernes: Ef 4, 1-6/Sal 24, 1-2. 3-4. 5-6 [cfr. 6]/Lc 12, 54-59

Sábado: Ef 4, 7-16/Sal 122, 1-2. 3-4. 4-5 [1]/Lc 13, 1-9

**A**preciados feligreses en este Domingo San Marcos nos cuestiona acerca de ¿Quién no quiere ser el primero, y ser estimado y honrado por los demás? Y es que parece que tenemos una sed insaciable de reconocimiento, fama, poder y autoridad para gobernar nuestras propias vidas como mejor nos parece, así como las vidas de otros. ¿Acaso mejor no deberíamos sorprendernos de ver como los discípulos de Jesús sedientos de poder, posición y autoridad? Santiago y Juan, los hijos de Zebedeo, instaron a su madre a hacer un trato con Jesús, su Maestro y Mesías. Sin embargo, esa ansia de poder es tan antigua como el mundo. Nosotros mismos lo experimentamos a diario en las situaciones más sencillas como el querer ocupar el mejor lugar, elegir a los mejores compañeros, escalar un puesto en el trabajo hasta llegar a luchar por el poder político sin escrúpulos, aún aniquilando al adversario. En la raíz del problema está siempre esa lucha interior entre el instinto de dominio y la ridícula vanidad. En cambio, para Cristo, es grande el que renuncia a su deseo de dominar a los demás y aprende a servir con amor fraterno. ¡Hay tantos hombres a nuestro alrededor que nos atraen por su generosidad y nobleza de vida! Su autoridad moral nace desde dentro del corazón que es solidario, generoso, servicial. Irradian una autoridad especial; no necesitan amenazar, sobornar ni adular. Tal vez éste sea el secreto más importante de la vida y el más ignorado. Vivimos intensamente la vida sólo cuando la regalamos. Sólo se puede vivir cuando se hace vivir a otros. Dar así la vida es siempre un gesto que enriquece, que ayuda a vivir, que crea vida en los demás, que rescata, que libera y salva a las personas. Que así sea.

*Fr. Fabián Moncada*

**Las "Misas de precepto"** son esas "fiestas de guardar" que menciona el mandamiento de la santa Madre Iglesia antes citado, y por lo tanto son aquellas celebraciones que NO CAEN en domingo, pues todos los domingos son misas de precepto para todo católico. Aquí conviene distinguir algo más: hay misas de precepto establecidas por la Iglesia de carácter universal, y hay misas de precepto establecidas por cada país.

**Holy Days.** It is both a precept of the Church and Church law that Catholics must worship God on Sunday and Holy Days of Obligation by participating in the Holy Mass.

"On Sundays and other holy days of obligation the faithful are bound to participate in the Mass" (Canon 1247)

**Holy days of obligation in the Latin Rite dioceses of the United States of America, in conformity with canon 1246, are as follows: January 1**, the solemnity of Mary, Mother of God. **Thursday of the Sixth Week of Easter**, the solemnity of the Ascension **August 15**, the solemnity of the Assumption of the Blessed Virgin Mary. **November 1**, the solemnity of All Saints. **December 8**, the solemnity of the Immaculate Conception. **December 25**, the solemnity of the Nativity of Our Lord Jesus Christ

**D**ear parishioners, on this Sunday Saint Mark questions us about Who does not want to be the first, and to be esteemed and honored by others? And it seems that we have an insatiable thirst for recognition, fame, power and authority to govern our own lives as we see fit, as well as the lives of others. Perhaps we should not be surprised to see how the disciples of Jesus thirst for power, position and authority? James and John, the sons of Zebedee, urged their mother to make a deal with Jesus, their Master and Messiah. However, that craving for power is as old as the world. We ourselves experience it daily in the simplest situations such as wanting to occupy the best place, choosing the best companions, climbing a job position to the point of fighting for political power without scruples, even annihilating the adversary. At the root of the problem is always that inner struggle between the instinct of domination and the ridiculous vanity. On the other hand, for Christ, it is great that he renounces his desire to dominate others and learns to serve with fraternal love. There are so many men around us who attract us because of their generosity and nobility of life! His moral authority is born from within the heart that is solidary, generous, helpful. They radiate a special authority; they do not need to threaten, bribe or flatter. Maybe this is the most important secret in life and the most ignored. We live life intensely only when we give it away. You can only live when you make others live. Thus giving life is always a gesture that enriches, that helps to live, that creates life in others, that rescues, that liberates and saves people. So be it.

**OLOA** *News*

**WEEKLY MASS SCHEDULE**

**Monday-Friday/ Lunes -Viernes**

5:30pm Español

**WEEKEND MASS SCHEDULE**

**Saturday-Sábado**

4:00pm English. 6:30pm Español

**Sunday-Domingo**

9:30am Bilingual, 12:30pm Español,

6:00pm Español

**HOLY HOUR / HORA SANTA**

Sunday-Domingo 8:00am

**MASS INTENTIONS**

**INTENCIONES PARA LA MISA**

Please request them at the office, thank you.

Por favor solicitarlas en la oficina, gracias.

**SACRAMENT OF RECONCILIATION**

**SACRAMENTO DE LA CONFESION**

5:00pm week days /durante la semana.

Antes de misas fin de semana. Citas para confesiones, contactarse a la oficina.

**24 HRS PERPETUAL ADORATION**

**24 HRS ADORACION PERPETUA**

First Friday of each month from 5:30 PM

Primer Viernes de cada mes desde las 5:30 PM

**SACRAMENT OF BAPTISM**

**SACRAMENTO DEL BAUTIZO**

Clases de preparación 3er Domingo del mes a las 3:00 p.m. Bautizos 1er Sábado del mes.

**SACRAMENTO DEL MATRIMONIO**

Parroquianos y participantes deben contactarse con la oficina de la parroquia con un mínimo de seis meses de anticipación. Clases de preparación son requeridas.

**CLASES DE PLANIFICACION FAMILIAR**

Para mayor informacin pueden contactar a Ana DeLa Cruz al 515-771-9057

**COMUNION PARA ENFERMOS**

Para la comunion para enfermos favor comunicarse con Freddy 515-943-0198 o Luis 515-330-9472.

**MOVIMIENTO FAMILIAR CRISTIANO**

favor comunicarse AL 515-357-2214

**PROCLAMADORES DE LA PALABRA**

Quieres formar parte de los lectores. Si deseas información comunícate con Mónica Hernandez 515-554-4222 o Luis Vazques al 515-330-9472

**INFORMATION DESK**

Questions about ministries and communities at Our Lady Of The Americas Church? Visit the Parish or contact @ 515-266-6695



## A Beginner's Guide to Adoration

by *CAITLIN SICA*

### Be Patient

I was recently talking with a group of friends about their experiences of adoration. A lot of them expressed the same frustration—that sometimes, time seems to stand still, 5 minutes seem eternal. Have you ever been out of shape and tried to go for a one mile run. Suddenly, 5 minutes into the run, you're huffing and puffing and you realize you've only gone one block. Rather than focusing on the success — you just ran for the first time in months!! — we tend to focus on the defeat. Adoration can be a bit of a work out... for your soul. So set yourself up for success. If it's been awhile, or your first time, 5 minutes of sitting with Jesus is a good goal. Slowly increase your time—you'll be amazed at how God increases your capacity to be with Him!



### Pray the Rosary

The rosary is a beautiful prayer, one that many saints have prayed. St. Louis de Montfort said "When the Holy Rosary is said well, it gives Jesus and Mary more glory and is more meritorious than any other prayer." What better way to give Jesus and Mary glory than to pray the rosary in front of the Blessed Sacrament? There are many guides and apps you can print/download to help guide you through this form of prayer.

### Be Okay with Silence

When I'm sitting in adoration, I can find it difficult to focus. I've become so accustomed to the business of the world, that being truly still, truly silent, can seem uncomfortable, foreign. But that discomfort is ok, good even. In Audrey Assad's "Restless" she sings "And I'm restless, I'm restless, 'Til I rest in You." I find this sentiment to be so true when I am in adoration. Sure, the first few minutes I am restless as I begin to wind down. But eventually, I am filled with insurmountable peace. Allow yourself to sit in silence and to just be with Jesus.

**You're invited**  
**Youth Jóvenes**

**OLOA**  
**YOUTH**  
**GROUP**

Every Thursday 6 pm

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# OLOA ... Que está pasando

## PROGRAMA + PROGRAM

**Solemnidad de Todos los Santos**  
**Commemoración de Todos los Fieles Difuntos**

**Solemnity of All Saints**  
**The Commemoration of All the Faithful Departed**

**Oct. 26th**

Altar de Muertos en el sótano de la parroquia.  
Altar de Muertos in the basement of the parish.

**Oct. 31st**  
**Vigilia + Vigil**

Después de misa de 5:30 pm  
After 5:00 pm mass

**Nov. 1st**

**Misa de precepto + Mass of obligation 5:30 pm**

Día de todos los Santos. Actividad (basement) después misa de 5:30pm.

All Saints Day. Activity (basement) after the 5:30 pm Mass

**Nov. 2nd**

**Misas + Masses 5:30 pm and 7:30 pm**

Rosario para los Fieles Difuntos Altar de Muertos (basement) después de misa de 5:30pm.

Rosary for the Faithful Dead on the Altar de muertos (basement) after mass at 5:30 pm.

## RETIRO EN SAN ANTHONY

Con el tema ¿"Que quieres que haga por ti"? ., La parroquia de San Anthony (7131, 15 Indianola Rd) está invitando a un retiro el fin de semana del 27 y 28 de Octubre. El retiro tendrá como facilitador al P. Enrique Garcia Elizalde. Para mayor información pueden comunicarse con Marilú Méndez al 515-244-4709 ext 235.

## HOLY FAMILY SCHOOL

School picture retake day is Friday, Oct. 26. This is for students who missed the original picture day or who want their original pictures retaken. Students who are having retakes done may wear dress clothes (not jeans) this day.

**46**  
**ROSARIOS**  
28 de Octubre al 12 de Diciembre  
Lunes a Viernes 6:00 pm  
Sábados y Domingos 5:00 pm  
Invita  
Ministerio de Mujeres Católicas

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